

Covid-19: Practical and Emotional Help

To see the latest updates and to find the links, please use: www.missendenchurch.org.uk/covid19help

The latest NHS information about Covid-19 is available at www.nhs.uk/coronavirus

To share this page with others, please just use: www.missendenchurch.org.uk/covid19help

The latest NHS information about Covid-19 is available [here](#). Jo Withers, a previous local GP, has prepared some [helpful info](#) about social distancing and self-isolation.

Many local businesses and most supermarkets are able to provide home deliveries. Why not join with a neighbour to share delivery costs and save slots for other people?

N and P Fruits and Wren Davis Dairy in Prestwood and AJ at Manor Estates Farm in Widmer End are working together to deliver fruit, veg, milk in glass bottles, bread, sausages and other foods. N and P: 01494 702 802. Wren Davis: 01494 862224 (phone lines open 10-12 and 2-4pm, deliveries only on Mondays, Wednesdays and Fridays from Monday 23 March). Manor Estates: 01494 813957.

[Peterley Manor Farm](#) are offering online and phone orders for collection orders. They are open Tuesday-Saturday. Phone 01494 863566

[Hildreth's Garden Centre](#) in Prestwood are offering home delivery (no charge) on Fridays for pet food for older people. They are also offering a drive through collection service - honk your horn in the car park, pay from your car and goods will be loaded into your boot. Phone 01494 862720.

[The Pantry at 51](#) are offering delivery and click and collect services on dried foods (plastic free) and toiletries. Phone 01494 258730.

[Kinton Pharmacy](#) in Great Missenden are offering a free weekly home delivery of medication to anyone who needs it, and are accepting volunteering offers for delivery 01494 862060.

[Kingshill Cars](#) and the [Pantry on Platform 1](#) at Great Missenden station are working together on deliveries. Phone 01494 868699 and speak to Anna, Lisa or Dizzy.

[Clarks of Amersham](#) removals are offering to help with delivering groceries, medication and other essentials, with no charge for delivery. Phone 01494 774186.

Many local restaurants and cafes are offering collection at the door or home delivery. Why not treat yourself and help a local business which will be losing revenue?

Most supermarkets offer online ordering and home delivery, but many don't have slots available for booking at the moment or aren't accepting new customer registrations.

You can phone [Sainsbury's](#) for home delivery and the delivery charge is £2.95. Lines are open on [0800 9178557](#) (option 1) 9am-5pm Monday-Friday and both order details and payment are taken by phone.

Several shops are offering special shopping sessions only for older people or all high risk groups:

Our local [Coop](#) Food Great Missenden is offering priority shopping for vulnerable customers Monday-Saturday 8-9am and Sunday 10-11am.

Elderly & Vulnerable Priority Shopping Hours

Sainsbury's

Thursday - the first hour of opening.

TESCO

Monday, Wednesday and Friday,
9am - 10am.
(except Express stores).

ASDA

Friday - from store opening until 9am.

M&S

Monday and Thursday - the first hour
of opening.

Iceland

The first hour of opening, every day.

Morrisons

Monday to Saturday, 9am - 10am.

Waitrose

The first hour of opening, every day.



Check local stores.



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The Your Prestwood & Great Missenden Coronavirus Community within the Your Prestwood & Great Missenden Facebook group is constantly being updated with offers of help. Please be safe and don't give cash or any kind of personal details (banking, contacts etc) to anyone you don't already know and trust.

[Samaritans](#) is available 24/7 free on 116 123 and via email and in person for confidential support for all kinds of emotional distress.

The Silver Line is available 24/7 free on 0800 4 70 80 90 for confidential information, friendship and advice for older people.

For help from the church, please visit www.missendenchurch.org.uk/virtualchurch or contact the parish office on 01494 862352 and leave a voicemail.

The info on this page has been compiled from various sources. To add or amend info on this page, please contact The Revd Dr Elizabeth Lowson on 01494 890171 curate.elizabeth@gmail.com

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